# **Children's File Checklist Center**

Child's Name: \_\_\_\_\_\_Date of Enrollment: \_\_\_\_\_



The following items must be present in each child's file:

Item	Due Date	Date Received/ Completed
Application for Enrollment	1 <sup>st</sup> Day	
Emergency Medical Care Information/Medical Action Plan (if applicable)	1 <sup>st</sup> Day/Updated as changes occur and annually	
Medical Report	Within 30 days of Enrollment	
Immunization Record	Within 30 days of Enrollment	
Documentation of Receipt: Discipline Policy	1st Day	
Infant Feeding Plan (children less than 15 months-old)	1 <sup>st</sup> Day	
Infant Sleep Position Waivers (if applicable)	1 <sup>st</sup> Day	
Infant Safe Sleep Visual Check Chart (if applicable)	1 <sup>st</sup> Day	
Safe Sleep Policy (if applicable) Receipt	1 <sup>st</sup> Day	
Authorization for Transportation (if applicable)	1 <sup>st</sup> Day/As Occurs	
Center Operational Policies Receipt	1 <sup>st</sup> Day	
Summary of Child Care Law Receipt	1 <sup>st</sup> Day	
Copies of Incident Reports	As Occurs	
Emergency Medical Care Authorization	1 <sup>st</sup> Day	
Medication Authorization, Record of Medication Administration, and Medication Error Report ( <i>if applicable</i> )	As Occurs	
Off Premise Activities Authorization	As Occurs	
Permission to Transport/participate in off premise activities (if applicable)	1 <sup>st</sup> Day	
Nutrition Opt-out Form (if applicable)	As occurs	
Documentation of Receipt: Prevention of Shaken Baby Syndrome and Abusive Head Trauma Policies	1 <sup>st</sup> Day	
Permission for aquatic activities (if applicable)	1 <sup>st</sup> Day	
Notification of Smoking and Tobacco Restriction	1 <sup>st</sup> Day	
Enrollment Contract	1 <sup>st</sup> Day	
Camera Policy	1 <sup>st</sup> Day	
Waiver of Privacy Rights	1 <sup>st</sup> Day	
Safe Arrival and Departure	1 <sup>st</sup> Day	
Essential Oil Consent	1 <sup>st</sup> Day	

# Date Application Completed\_\_\_\_\_ CHILD'S APPLICATION FOR ENROLLMENT

Date of Enrollment

To be completed, signed, and placed on file in the facility on the first day and updated as changes occur and at least annually

	Date of Birth:				
Full Name:Last	First	Middle	Nickname		
Child's Physical	11150	Middle	Nickhame		
Address:					
FAMILY INFORMATION:					
Father/Guardian's Name			Home Phone		
Address (if different from child's)			Zip Code		
			Cell Phone		
Email:					
Mother/Guardian's Name			Home Phone		
Address (if different from child's)			Zip Code		
Work Phone			Cell Phone		
Email:					

#### CONTACTS:

Child will be released only to the parents/guardians listed above. The child can also be released to the following individuals, as authorized by the person who signs this application. In the event of an emergency, if the parents/guardians cannot be reached, the facility has permission to contact the following individuals.

Name	Relationship	Address	Phone Number
Name	Relationship	Address	Phone Number
Name	Relationship	Address	Phone Number

#### HEALTH CARE NEEDS:

For any child with health care needs such as allergies, asthma, or other chronic conditions that require specialized health services, a medical action plan shall be attached to the application. The medical action plan must be completed by the child's parent or health care professional. Is there a medical action plan attached? Yes\_\_ No\_\_

List any allergies and the symptoms and type of response required for allergic reactions.

\_\_\_\_\_

List any health care needs or concerns, symptoms of and type of response for these health care needs or concerns

List any particular fears or unique behavior characteristics the child has

#### List any types of medication taken for health care needs\_\_\_\_\_

Share any other information that has a direct bearing on assuring safe medical treatment for your child

\_\_\_\_\_

#### EMERGENCY MEDICAL CARE INFORMATION:

Name of health care professional \_\_\_\_\_ Office Phone \_\_\_\_\_ Hospital preference \_\_\_\_\_ Phone \_\_\_\_\_

I, as the parent/guardian, authorize the center to obtain medical attention for my child in an emergency. \_Date\_ Signature of Parent/Guardian

I, as the operator, do agree to provide transportation to an appropriate medical resource in the event of emergency. In an emergency situation, other children in the facility will be supervised by a responsible adult. I will not administer any drug or any medication without specific instructions from the physician or the child's parent, guardian, or full-time custodian.

Signature of Administrator\_\_\_\_\_

Date\_\_\_\_

# Children's Medical Report

Name of Child	Birthdate
Name of Parent or Guardian	
Address of Parent of Guardian	
A. Medical History (May be completed by parent)	
1. Is child allergic to anything? No Yes If yes, what?	
2 Is shild summently under a dester's same? No. Vac. If	use for what masser?
2. Is child currently under a doctor's care? NoYesIf	
3. Is the child on any continuous medication? No Yes	If yes, what?
4. Any previous hospitalizations or operations? No Yes	_ If yes, when and for what?
5. Any history of significant previous diseases or recurrent illr	ness? No Yes : diabetes No Yes :
convulsions No Yes; heart trouble No Yes; If others, what/when?	asthma NoYes
<ul><li>6. Does the child have any physical disabilities: No Yes</li></ul>	
5. Does the online have any physical disaonness. 100 105_	II 900, please deserve
Any mental disabilities? No Yes If yes, please describ	e:
Signature of Parent or Guardian	Date
<b>B. Physical Examination</b> : This examination must be comple agent currently approved by the N. C. Board of Medical 1	
states), a certified nurse practitioner, or a public health nu	
Height% Weight%	
HeadEyesEars	
NeckHeartChestAbd/GU	
Neurological SystemSkin         Results of Tuberculin Test, if given: Typedate	
	-
Developmental Evaluation: delayedage appropriate	
If delay, note significance and special care needed;	
Should activities be limited? No Yes If yes, explain: Any other recommendations:	
Date of Examination	
Signature of authorized avernings/title	Phone #
Signature of authorized examiner/title	r none #

## **Immunization History**

G.S. 130A-155. Submission of certificate to child care facility/G.S.130A-154. Certificate of immunization.

The parent/guardian must submit a certificate of immunization on child's first day of attendance or within 30 calendar days from the first day of attendance. Child may not attend the facility until submitted.

Child's full name:	Date of birth:
--------------------	----------------

Enter each date of each dose received (Month/Day/Year) or attach a copy of the immunization record.

Vaccine Type	Abbreviation	Trade Name	Combination	1	2 data	3	4 data	5
			Vaccines	date	date	date	date	date
Diphtheria,	DTaP, DT, DTP	Infanrix,	Pediarix,					
Tetanus, Pertussis		Daptacel	Pentacel, Kinrix					
Polio	IPV, OPV	IPOL	Pediarix,					
			Pentacel, Kinrix					
Haemophilus	Hib	Act HIB, Pedvax	Pentacel					
influenza type B		HIB **						
Hepatitis B	HepB, HBV	Engerix-B,	Pediarix					
		Recombivax HB						
Measles, Mumps,	MMR	MMR II	Proquad					
Rubella								
Varicella/Chicken	Var	Varivax	Proquad					
Pox								
Pneumococcal	PCV, PCV-13,	Prevnar,						
Conjugate*	PPV-23	Pneumovax***						

\*Required by state law for children born on or after 7/1/2015.

\*\*3 shots of Pedvax HIB are equivalent to 4 Hib doses. 4 doses are required if a child receives more than one brand of Hib shots. \*\*\*Pneumovax is a different vaccine than Prevnar and may be seen in high risk children.

**Note:** Children beyond their 5<sup>th</sup> birthday are not required to receive Hib or PCV vaccines.

Gray shaded boxes above indicate that the child should not have received any more doses of that vaccine.

Record updated by:	Date	Record updated by:	Date

# Minimum State Vaccine Requirements for Child Care Entry

By This Age:		Children Need These Shots:					
3 months	1 DTaP	1 Polio		1 Hib	1 Hep B	1 PCV	
5 months	2 DTaP	2 Polio		2 Hib	2 Hep B	2 PCV	
7 months	3 DTaP	2 Polio		2-3 Hib**	2 Hep B	3 PCV	
12-16 months	3 DTaP	2 Polio	1 MMR	3-4 Hib**	3 Нер В	4 PCV	1 Var
19 months	4 DTaP	3 Polio	1 MMR	3-4 Hib**	3 Нер В	4 PCV	1 Var
4 years or older (in child care only)	4 DTaP	3 Polio	1 MMR	3-4 Hib**	3 Нер В	4 PCV	1 Var
4 years and older (in kindergarten)	5 DTaP	4 Polio	2 MMR	3-4 Hib**	3 Нер В	4 PCV	2 Var



# **Immunization History**

G.S. 130A-155. Submission of certificate to child care facility/G.S.130A-154. Certificate of immunization.

## Vaccines Recommended by the Advisory Committee on Immunization Practices (ACIP) NOT Required

Vaccine Type	Abbreviation	Trade Name	Recommended Schedule	1 date	2 date	3 date	4 date	5 date
Rotavirus	RV, Rota	Roteteq Rotarix	Age 2 months, 4 months, 6 months.					
Hepatitis A	Нер А	Havrix Vaqta	First dose, 12-23 months. Second dose, within 6-18 months.					
Influenza	Flu	Fluzone, Fluarix, FluLaval, Fluviri, FluMist, Afluria	Annually after age 6 months.					



# **Discipline and Behavior Management Policy**

Date Adopted \_09/01/2018\_

Praise and positive reinforcement are effective methods of the behavior management of children. When children receive positive, non-violent, and understanding interactions from adults and others, they develop good self-concepts, problem solving abilities, and self-discipline. Based on this belief of how children learn and develop values, this facility will practice the following discipline and behavior management policy:

#### We:

- 1. DO praise, reward, and encourage the children.
- 2. DO reason with and set limits for the children.
- 3. DO model appropriate behavior for the children.
- 4. DO modify the classroom environment to attempt to prevent problems before they occur.
- 5. DO listen to the children.
- 6. DO provide alternatives for inappropriate behavior to the children.
- 7. DO provide the children with natural and logical consequences of their behaviors.
- 8. DO treat the children as people and respect their needs, desires, and feelings.
- 9. DO ignore minor misbehaviors.
- 10.DO explain things to children on their levels.
- 11.DO use short supervised periods of time-out sparingly.
- 12.DO stay consistent in our behavior management program.
- 13.DO use effective guidance and behavior management techniques that focus on a child's development.

We:

- 1. DO NOT spank, shake, bite, pinch, push, pull, slap, or otherwise physically punish the children.
  - 2. DO NOT make fun of, yell at, threaten, make sarcastic remarks about, use profanity, or otherwise verbally abuse the children.
  - 3. DO NOT shame or punish the children when bathroom accidents occur.
  - 4. DO NOT deny food or rest as punishment.
  - 5. DO NOT relate discipline to eating, resting, or sleeping.
- 6. DO NOT leave the children alone, unattended, or without supervision.
- DO NOT place the children in locked rooms, closets, or boxes as punishment.
- 8. DO NOT allow discipline of children by children.
- 9. DO NOT criticize, make fun of, or otherwise belittle children's parents, families, or ethnic groups.

Date

I, the undersigned parent or guardian of

(child's full name), do hereby state that I have read and received a copy of the facility's Discipline and Behavior Management Policy and that the facility's director/operator (or other designated staff member) has discussed the facility's Discipline and Behavior Management Policy with me.

Date of Child's Enrollment:

Signature of Parent or Guardian

Distribution: one copy to parent(s) signed copy in child's facility record

# "Time-Out"

"Time-out" is the removal of a child for a short period of time (3 to 5 minutes) from a situation in which the child is misbehaving and has not responded to other discipline techniques. The "time-out" space, usually a chair, is located away from classroom activity but within the teacher's sight. During "time-out," the child has a chance to think about the misbehavior which led to his/her removal from the group. After a brief interval of no more than 5 minutes, the teacher discusses the incident and appropriate behavior with the child. When the child returns to the group, the incident is over and the child is treated with the same affection and respect shown the other children.

Adapted from original prepared by Elizabeth Wilson, Student, Catawba Valley Technical College

# **Infant Feeding Plan**

As your child's caregivers, an important part of our job is feeding your baby. The information you provide below will help us to do our very best to help your baby grow and thrive. Page two of this form must be completed and posted for quick reference for all children under 15 months of age.

Child's name:	Birthday:
	Birthday:mm/dd/yyyy
Parent/Guardian's name(s):	
Did you receive a copy of our "Infant Feeding Guide?"	Yes No
If you are breastfeeding, did you receive a copy of: "Breastfeeding: Making It Work?" "Breastfeeding and Child Care: What Moms Can Do?"	Yes No Yes No
TO BE COMPLETED BY PARENT	TO BE COMPLETED BY TEACHER
At home, my baby drinks (check all that apply):	Clarifications/Additional Details:
<ul> <li>Mother's milk from (circle)</li> <li>Mother bottle cup other</li> <li>Formula from (circle)</li> <li>bottle cup other</li> <li>Cow's milk from (circle)</li> <li>bottle cup other</li> <li>Other:from (circle)</li> <li>bottle cup other</li> </ul>	At home, is baby fed in response to the baby's cues that s/he is hungry, rather than on a schedule? Yes No <i>If <u>NO,</u></i> • I made sure that parents have a copy of the "Infant Feeding Guide" or "Breastfeeding: Making it Work" • I showed parents the section on reading baby's cues Is baby receiving solid food? Yes No Is baby under 6 months of age? Yes No <i>If <u>YES to both</u>,</i>
How often does your child usually feed?	<ul> <li>I have asked: Did the child's health care provider recommend starting solids before six months?</li> <li>Yes No</li> </ul>
How much milk/formula does your child usually drink in one feeding?	If <u>NO,</u>
Has your child started eating solid foods?	<ul> <li>I have shared the recommendation that solids are started at about six months.</li> </ul>
If so, what foods is s/he eating?	Handouts shared with parents:
How often does s/he eat solid food, and how much?	

Child's name:

Birthday:

mm / dd / yyyy

<u>Tell us about your baby's feedings at our center.</u> I want my child to be fed the following foods while in your care:

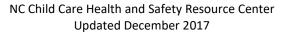
	Frequency of	Approximate amount	Will you bring from home?	Details about fe	eeding
A - 412 - NA'11-	feedings	per feeding	(must be labeled and dated)		
Nother's Milk					
Formula					
Cow's milk					
Cereal					
Baby Food					
Table Food					
Other (describe)					
my baby is crying _ hold my baby	use the	shortly before I am going teething toy I provided	to arrive, you should do the fol use the pacifier	I provided	
my baby is crying hold my baby rock my baby would like you to the end of the da	or seems hungry use the give a b take this action ny, please do the fo	shortly before I am going teething toy I provided bottle of milk minutes before my bllowing (choose one):	use the pacifier other Specify: _	I provided	
my baby is crying _ hold my baby _ rock my baby would like you to t the end of the da Return all that	or seems hungry use the give a b take this action y, please do the fo wed and frozen mi	shortly before I am going teething toy I provided bottle of milk minutes before my bllowing (choose one): Ik / formula to me.	use the pacifier other Specify: _ arrival time.	l provided ozen milk / formul	
my baby is crying _ hold my baby _ rock my baby would like you to t the end of the da Return all that	or seems hungry use the give a b take this action y, please do the fo wed and frozen mi	shortly before I am going teething toy I provided bottle of milk minutes before my blowing (choose one): Ik / formula to me ed the above plan, and the	arrival time.	l provided ozen milk / formul	
my baby is crying _ hold my baby _ rock my baby would like you to t the end of the da Return all that  Today's date:	or seems hungry use the give a b take this action ay, please do the fo wed and frozen mi We have discusse	shortly before I am going teething toy I provided bottle of milk minutes before my bllowing (choose one): Ik / formula to me.  ed the above plan, and n	arrival time.	l provided ozen milk / formul r clarifications.	
my baby is crying hold my baby rock my baby would like you to the end of the da Return all that Today's date: Teacher Signa	or seems hungry use the give a b take this action by, please do the fo wed and frozen mi We have discusse	shortly before I am going teething toy I provided bottle of milk minutes before my bllowing (choose one): lk / formula to me.  ed the above plan, and t	use the pacifier other Specify: arrival time. Discard all thawed and fr made any needed changes of	l provided ozen milk / formul r clarifications.	

	Initials



©2015 Carolina Global Breastfeeding Institute http://breastfeeding.unc.edu/ In Collaboration With: NC Department of Health and Human Services NC Child Care Health and Safety Resource Center NC Infant Toddler Enhancement Project

#### **Infant Sleep Chart** Child Care Facility\_\_\_\_\_\_ Caregivers \_\_\_\_\_\_ Name of child\_\_\_\_\_\_ Date of birth \_\_\_\_\_\_ Date of birth \_\_\_\_\_\_ Instructions: Visually check sleeping infants every 15 minutes. Note the infant's sleep position, skin color, breathing, level of sleep, and body temperature. Record your visual check below. Include date, your initials, time of the check, infant's sleep position, and any comments you have. Remember blankets or other loose bedding are prohibited by Child Care Rule. ۷ If the infant shows signs of overheating, check that the room temperature is between 68-75°F and remove extra layers as needed. Place all infants aged 12 months or younger on their backs to sleep unless they have an alternate sleep position waiver posted by their crib. After infants can easily turn ۷ over from the back to the stomach, continue to place them on their back to sleep. You can then allow them to adopt their own position for sleep. Position: Back, Date Initial Time Comments Date Initial Time Position: Back, Comments Side, Tummy Side, Tummy $\Box$ B $\Box$ S $\Box$ T $\Box$ B $\Box$ S $\Box$ T



 $\Box$  B  $\Box$  S  $\Box$  T

 $\Box$  B  $\Box$  S  $\Box$  T



## Child Care Facility:



A safe sleep environment for infants reduces the risk of sudden infant death syndrome (SIDS) and other sleep related infant deaths. According to N.C. Law, child care providers caring for infants 12 months of age or younger are required to implement a safe sleep policy and share the policy with parents/guardians and staff. We implement the following safe sleep policy. References: N.C. Law G.S. 100-91 (15), N.C. Child Care Rules .0606 and .1724, Caring for Our Children

#### **Safe Sleep Practices**

- 1. We train all staff, substitutes, and volunteers caring for infants aged 12 months or younger on how to implement our Infant/Toddler Safe Sleep Policy.
- We always place infants under 6 months of age on their 2. backs to sleep, unless a signed ITS-SIDS Alternate Sleep Position Health Care Professional Waiver is in the infant's file and posted at the infant's crib. We retain the waiver in the child's record for as long as they are enrolled.
- 3. U We do not accept Parent Waivers for infants older than six months.\* -OR-□ We accept the ITS-SIDS Alternate Sleep Position Parent Waiver.
- We place infants on their backs to sleep even after they 4. can easily turn over from the back to the stomach. We then allow them to adopt their own position for sleep.

U We document when each infant can roll from back to stomach and tell the parents. We put a notice in the child's file and on or near the infant's crib.\*

5. We visually check sleeping infants every 15 minutes and record what we see on a Sleep Chart.

□ We check infants 2-4 month of age more frequently.\*

We maintain the temperature in the room where infants 6. sleep between 68-75°F and check it on the thermometer in the room.

U We further reduce the risk of overheating by not over-dressing infants\*

- We provide all infants supervised "tummy time" daily. 7.
- 8. We follow N.C Child Care Rules .0901(j) and .1706(g) regarding breastfeeding.

□ We further encourage breastfeeding in the following ways:\* \_\_\_

Effective date:\_\_\_\_\_\_ Review date(s): \_\_\_\_\_\_ Revision date(s): \_\_\_\_\_\_

#### Safe Sleep Environment

- 9. We use Consumer Product Safety Commission (CPSC) approved cribs or other approved sleep spaces for infants. Each infant has his or her own crib or sleep space.
- 10. Ue do not allow infants to use pacifiers. -OR-

U We allow pacifiers without any attachments. Pacifiers attached to clothing will be removed when placed to sleep.

U We do not reinsert the pacifier in the infant's mouth if it falls out.\*

U We remove the pacifier from the crib once it has fallen from the infant's mouth.\*

- 11. We do not allow infants to be swaddled.
- 12. We do not cover infants' heads with blankets or bedding.
- 13. We do not allow garments that restrict movement.\*
- 14. We do not allow any objects, such as, pillows, blankets, or toys other than pacifiers in the crib or sleep space.
- 15. Infants are not placed in or left in car safety seats, strollers, swings, or infant carriers to sleep.
- 16. We give all parents/guardians of infants a written copy of the Infant/Toddler Safe Sleep Policy before enrollment. We review the policy with them, and ask them to sign a statement saying they received and reviewed the policy. □ We encourage families to follow the same safe sleep practices to ease infants' transition to child care.\*
- 17. Family child care homes: We post a copy of this policy and a safe sleep practices poster in the infant sleep room where it can easily be read.
- 18. Centers: We post a copy of this policy in the infant sleep room where it can easily be read.

\*Indicates we follow this best practice recommendation.

<b>Distribution</b> : We give parents/guardians a copy of the policy. We give all staff, substitutes and volunteers a copy to review. We inform them of changes 14 days before the effective date. We give parents/guardians a copy of the policy they signed and put a copy in child's file			
I, the undersigned parent/guard copy of the facility's <i>Infant/Tode</i> designated staff member.	lian of dler Safe Sleep Policy. I have read the policy and discus	child's full name), have received a ssed it the facility director/owner/operator, or other	
Child's Enrollment Date:	Parent/Guardian Signature:	Date:	
Facility Representative Signatur	e:	Date:	

#### This completed signature page must stay in CHILD'S FILE AT LEARNING TREE:

I have read and agree to the policies and terms in the Learning Tree family handbook, including the policy regarding late pick up for my child and policies related to tuition and fees, and I've read the Discipline Policy for Learning Tree:

Date

Name and Signature of Parent

Name of Child/Children

I have read and received the copy of the North Carolina Child Care Summary Law.

Name and Signature of Parent

\_\_\_\_\_ I DO -or- \_\_\_\_\_I DO NOT give permission for Learning Tree to use photos of my child online on their website, or blog, or in publications used locally for advertising purposes. I understand that Learning Tree will not publish children's names with images, nor will they post these images on Facebook or other social networking sites.

Name and Signature of Parent

Name	of C	hild,	/Chil	dren:
------	------	-------	-------	-------

Name of Child/Children

Date

Date

# Learning Tree of Fletcher

	n of
ave received the following documents:	
iscipline Policy	Date
afe Sleep Policy	Date
amily Handbook/Operational policies	Date
ummary of Childcare Law	Date
revention of Shaken Baby Syndrome & Abusive Head Trauma	Date
arent Signature	Date

#### **Belief Statement**

We, <u>Learning Tree of Fletcher</u> (name of facility), believe that preventing, recognizing, responding to, and reporting shaken baby syndrome and abusive head trauma (SBS/AHT) is an important function of keeping children safe, protecting their healthy development, providing quality child care, and educating families.

#### Background

SBS/AHT is the name given to a form of physical child abuse that occurs when an infant or small child is violently shaken and/or there is trauma to the head. Shaking may last only a few seconds but can result in severe injury or even death<sup>1</sup>. According to North Carolina Child Care Rule (child care centers, 10A NCAC 09 .0608, family child care homes, 10A NCAC 09 .1726), each child care facility licensed to care for children up to five years of age shall develop and adopt a policy to prevent SBS/AHT<sup>2</sup>.

#### **Procedure/Practice**

Recognizing:

• Children are observed for signs of abusive head trauma including irritability and/or high pitched crying, difficulty staying awake/lethargy or loss of consciousness, difficulty breathing, inability to lift the head, seizures, lack of appetite, vomiting, bruises, poor feeding/sucking, no smiling or vocalization, inability of the eyes to track and/or decreased muscle tone. Bruises may be found on the upper arms, rib cage, or head resulting from gripping or from hitting the head.

Responding to:

- If SBS/ABT is suspected, staff will<sup>3</sup>:
  - Call 911 immediately upon suspecting SBS/AHT and inform the director.
  - Call the parents/guardians.
  - If the child has stopped breathing, trained staff will begin pediatric CPR<sup>4</sup>.

#### Reporting:

- Instances of suspected child maltreatment in child care are reported to Division of Child Development and Early Education (DCDEE) by calling 1-800-859-0829 or by emailing <u>webmasterdcd@dhhs.nc.gov</u>.
- Instances of suspected child maltreatment in the home are reported to the county Department of Social Services. Phone number: \_\_\_\_\_\_\_

#### Prevention strategies to assist staff\* in coping with a crying, fussing, or distraught child

Staff first determine if the child has any physical needs such as being hungry, tired, sick, or in need of a diaper change. If no physical need is identified, staff will attempt one or more of the following strategies<sup>5</sup>:

- Rock the child, hold the child close, or walk with the child.
- Stand up, hold the child close, and repeatedly bend knees.
- Sing or talk to the child in a soothing voice.
- Gently rub or stroke the child's back, chest, or tummy.
- Offer a pacifier or try to distract the child with a rattle or toy.
- Take the child for a ride in a stroller.
- Turn on music or white noise.
- Other \_
- Other \_\_\_\_

In addition, the facility:

- Allows for staff who feel they may lose control to have a short, but relatively immediate break away from the children<sup>6</sup>.
- Provides support when parents/guardians are trying to calm a crying child and encourage parents to take a calming break if needed.
- Other \_\_\_\_\_



The North Carolina Child Care Health and Safety Resource Center www.healthychildcarenc.org • 800.367.2229



#### **Prohibited behaviors**

Behaviors that are prohibited include (but are not limited to):

- shaking or jerking a child
- tossing a child into the air or into a crib, chair, or car seat
- pushing a child into walls, doors, or furniture

#### Strategies to assist staff members understand how to care for infants

Staff reviews and discusses:

- The five goals and developmental indicators in the 2013 North Carolina Foundations for Early Learning and Development, <u>ncchildcare.nc.gov/PDF\_forms/NC\_Foundations.pdf</u>
- How to Care for Infants and Toddlers in Groups, the National Center for Infants, Toddlers and Families, <u>www.zerotothree.org/resources/77-how-to-care-for-infants-and-toddlers-in-groups</u>
- Including Relationship-Based Care Practices in Infant-Toddler Care: Implications for Practice and Policy, the Network of Infant/Toddler Researchers, pages 7-9, www.acf.hhs.gov/sites/default/files/opre/nitr\_inquire\_may\_2016\_070616\_b508compliant.pdf

#### Strategies to ensure staff members understand the brain development of children up to five years of age

All staff take training on SBS/AHT within first two weeks of employment. Training includes recognizing, responding to, and reporting child abuse, neglect, or maltreatment as well as the brain development of children up to five years of age. Staff review and discuss:

- Brain Development from Birth video, the National Center for Infants, Toddlers and Families, www.zerotothree.org/resources/156-brain-wonders-nurturing-healthy-brain-development-from-birth
- The Science of Early Childhood Development, Center on the Developing Child, <u>developingchild.harvard.edu/resources/inbrief-science-of-ecd/</u>

#### Resources

List resources such as a staff person designated to provide support or a local county/community resource:

#### Parent web resources

- The American Academy of Pediatrics: <a href="http://www.healthychildren.org/English/safety-prevention/at-home/Pages/Abusive-Head-Trauma-Shaken-Baby-Syndrome.aspx">www.healthychildren.org/English/safety-prevention/at-home/Pages/Abusive-Head-Trauma-Shaken-Baby-Syndrome.aspx</a>
- The National Center on Shaken Baby Syndrome: <u>http://dontshake.org/family-resources</u>
- The Period of Purple Crying: <u>http://purplecrying.info/</u>
- Other \_\_\_\_\_

Facility web resources

- Caring for Our Children, Standard 3.4.4.3 Preventing and Identifying Shaken Baby Syndrome/Abusive Head Trauma, <a href="http://cfoc.nrckids.org/StandardView.cfm?StdNum=3.4.4.3&=+">http://cfoc.nrckids.org/StandardView.cfm?StdNum=3.4.4.3&=+</a>
- Preventing Shaken Baby Syndrome, the Centers for Disease Control and Prevention, <u>http://centerforchildwelfare.fmhi.usf.edu/kb/trprev/Preventing\_SBS\_508-a.pdf</u>
- Early Development & Well-Being, Zero to Three, <u>www.zerotothree.org/early-development</u>
- Other \_\_\_\_\_





#### References

- 1. The National Center on Shaken Baby Syndrome, www.dontshake.org
- 2. NC DCDEE, ncchildcare.dhhs.state.nc.us/general/mb\_ccrulespublic.asp
- 3. Shaken baby syndrome, the Mayo Clinic, <u>www.mayoclinic.org/diseases-conditions/shaken-baby-</u><u>syndrome/basics/symptoms/con-20034461</u>
- 4. Pediatric First Aid/CPR/AED, American Red Cross, <u>www.redcross.org/images/MEDIA\_CustomProductCatalog/m4240175\_Pediatric\_ready\_reference.pdf</u>
- 5. Calming Techniques for a Crying Baby, Children's Hospital Colorado, <u>www.childrenscolorado.org/conditions-and-advice/calm-a-crying-baby/calming-techniques</u>
- 6. Caring for Our Children, Standard 1.7.0.5: Stress http://cfoc.nrckids.org/StandardView/1.7.0.5

#### Application

This policy applies to children up to five years of age and their families, operators, early educators, substitute providers, and uncompensated providers.

#### Communication

Staff\*

- Within 30 days of adopting this policy, the child care facility shall review the policy with all staff who provide care for children up to five years of age.
- All current staff members and newly hired staff will be trained in SBS/AHT before providing care for children up to five years of age.
- Staff will sign an acknowledgement form that includes the individual's name, the date the center's policy was given and explained to the individual, the individual's signature, and the date the individual signed the acknowledgment
- The child care facility shall keep the **SBS/AHT staff acknowledgement form** in the staff member's file. Parents/Guardians
  - Within 30 days of adopting this policy, the child care facility shall review the policy with parents/guardians of currently enrolled children up to five years of age.
  - A copy of the policy will be given and explained to the parents/guardians of newly enrolled children up to five years of age on or before the first day the child receives care at the facility.
  - Parents/guardians will sign an acknowledgement form that includes the child's name, date the child first attended the facility, date the operator's policy was given and explained to the parent, parent's name, parent's signature, and the date the parent signed the acknowledgement
  - The child care facility shall keep the **SBS/AHT parent acknowledgement form** in the child's file.

\* For purposes of this policy, "staff" includes the operator and other administration staff who may be counted in ratio, additional caregivers, substitute providers, and uncompensated providers.

Effective Date			
This policy was reviewed and approved by:	:	Owner/Director (recommended)	Date
DCDEE Child Care Consultant (recommended)	Date	Child Care Health Consultant (recommended)	Date
	Annual F	Review Dates	
		Health and Safety Resource Center	Heating



#### Parent or guardian acknowledgement form

I, the parent or guardian of

acknowledges that I have read and received a copy of the facility's Shaken Baby Syndrome/Abusive Head Trauma Policy.

Date policy given/explained to parent/guardian

Date of child's enrollment

Child's name

Print name of parent/guardian

Signature of parent/guardian





Date

#### Medication Administration Permission for Over-the-Counter Topical Medications and Fluoridated Toothpaste

Parent/guardian must authorize staff to apply over-the-counter, topical ointments, topical teething ointment or gel, insect repellents, lotions, creams, powders and fluoridated toothpaste. Sunscreen and baby lotion are examples. Only accept items in their original containers and clearly labeled with the child's name. Keep insect repellents in locked storage and all other items out of reach of children when not in use.

Child's Name			
Permission is given to apply the following (name/type)			
Amount	Expiration date, if applicable		
Fluoridated toothpaste should be a rice sized smear for children under 3 and			
Permission may be given for up to 12 months. Permission valid from	/ to/		
Where to apply the ointment, repellent, lotion, cream, powder or flue         all exposed skin       diaper area         face only       toothbrush	oridated toothpaste: <ul> <li>other (specify)</li> </ul>		
<ul> <li>When to apply the ointment, repellent, lotion, cream, or powder:</li> <li>before going outside</li> <li>after a bowel movement</li> <li>before tooth brushing</li> </ul>	other/as needed for (specify)		
Describe how to apply the ointment, repellent, lotion, cream, or pow	/der		
I give permission to my child care provider to app	bly the medication listed above as instructed:		
Parent/guardian name Parent/guardiar	n signature Date		
<b>Medication Administration Permission for Over-the-Counte</b> Parent/guardian must authorize staff to apply over-the-counter, topical ointr creams, powders and fluoridated toothpaste. Sunscreen and baby lotion are labeled with the child's name. Keep insect repellents in locked storage and al Child's Name	ments, topical teething ointment or gel, insect repellents, lotions, examples. Only accept items in their original containers and clearly Il other items out of reach of children when not in use.		
Permission is given to apply the following (name/type)			
Amount	Expiration date, if applicable		
AmountFluoridated toothpaste should be a rice sized smear for children under 3 and			
Permission may be given for up to 12 months. Permission valid from	/to/		
Where to apply the ointment, repellent, lotion, cream, powder or flue         all exposed skin       diaper area         face only       toothbrush	oridated toothpaste: <ul> <li>other (specify)</li> </ul>		
<ul> <li>When to apply the ointment, repellent, lotion, cream, or powder:</li> <li>before going outside</li> <li>after a bowel movement</li> <li>before tooth brushing</li> </ul>	other/as needed for (specify)		
Describe how to apply the ointment, repellent, lotion, cream, or pow	/der		
I give permission to my child care provider to app	bly the medication listed above as instructed:		

Parent/guardian name

Parent/guardian signature

Date



# **Tobacco- and Nicotine-Free Policy**

Due to the acknowledged hazards to young children arising from exposure to tobacco use. It shall be the policy of Learning Tree of Fletcher to provide a tobacco and nicotine-free environment for staff/visitors/parents/students. This policy covers the use of any tobacco for the purposes of this policy "tobacco" is defined to include any lighted or unlighted cigarette, cigar, pipe, and any other smoking product; and spit tobacco, also known as smokeless, dip, chew, spit less, snus and snuff, in any form; including, but not limited to, non-FDA approved cessation nicotine products, digital/electronic nicotine delivery systems e.g. "e-cigarette," vapor products or anything that simulates or can be construed as being a smoking or smokeless tobacco product (i.e., herbal smoking products) and applies to employees and all non-employees including visitors and vendors.

#### Definition:

- There will be no tobacco use or electronic cigarettes in any area of the center including the campus/parking lot at any time.
- There will be no tobacco use in vehicle on campus at any time. There will be no tobacco use in vehicles when transporting child to or from center facility or authorized activities.
- There will be no tobacco use by staff or volunteers on campus this includes all indoor or outdoor activities.
- Field Trips, walks and all outside activities will be tobacco and electronic cigarette free.
- Employees that use tobacco at home will be offered the North Carolina Tobacco Quitline referral as a stop method for tobacco cessation. All employees that use tobacco at home will be required to bring clothing that has not been worn around tobacco users.
- Employees that leave campus and use tobacco while out will be required to change clothes and wash hands thoroughly when reentry of the center occurs.
- Visitors and vendors that enter the center are required to obey all the policies of the center.
- All Employees will be required to read about all potential hazards of tobacco use and nicotinebased products.

Child's Name:	_Date:
Custodial Parent or Guardian Signature:	
- OR - Employee Name:	Date:
Employee Signature:	



# Learning Tree Web/Surveillance Camera System Policy

#### Web Cam

Through the use of the web-cam, parents can access and observe their children on a daily basis from any location that has internet access. Access is granted to the child's primary classroom and is operational during the Infant/Toddler/Preschool instructional hours from 6:30a.m. - 6:00 p.m.

#### WebCam Use

In addition to the required Video/Audio/Photo/Press Release, families desiring to use the complimentary webcam service to access their child's classroom are required to annually complete a Password Authorization Form for approval. Family usage is family-governed with authorization granted to the custodial parent only. Center policies regarding shared custody apply to web-cam access.

#### Webcam Passwords

Password access is limited and discriminates due to confidentiality. As a result, passwords are limited to three per child and forms are completed and approved annually. Passwords are changed regularly to guard privacy and are deactivated upon withdrawal. A violation of webcam policies is grounds for suspension of this privileges.

#### Authorization for Video/Audio/Photo Recording Waiver of Privacy Rights

Observational access to our webcams exists for the purposes of communication, instruction, evaluation, and skill development in increasing an understanding of developmentally appropriate early childhood practices. Therefore, a video, audio, photo recording of child in attendance is a requirement for enrollment at Learning Tree.

#### Webcam Access

Password and camera access is controlled by Learning Tree and access is child-centered not program-centered. In other words, access is granted for the child's classroom and/or playground not the entire child care center. Access is time-limited and granted only for those periods of time in which the child is enrolled at the center. Webcam access is a privilege granted to our parents. It is not a condition of enrollment. Continued abuse of this privilege will result in your access to be terminated. Learning Tree is solely responsible for determining who may have access and whether or not your webcam access has been terminated.

You are not allowed to call and/or email Learning Tree and requests for extra blankets, jackets, food, milk, or to move a child for better viewing in front of a camera, etc. Learning Tree has many children in a classroom for which we are responsible for their supervision, child care, and education. It would be impossible for Learning Tree staff to perform these duties for all children in a class if users of the web cams are interrupting our scheduled class activities to focus on the presumed wants/needs of one child. You can be assured that our staff will tend to the individual needs of each of the children within our care. However, continued abuse of the cameras and calling and/or emailing the Learning Tree with these types of requests will be grounds for terminating your access to the web cams. **Remember, your access to our camera service is a privilege. Continued abuse of this privilege will result in terminating your access to the camera system.** 

#### **Authorized Users**

The multi-step process allows authorized users to select up to three unique user names and passwords whose authenticity must be verified by Learning Tree staff. In effect, our camera service extends our "open door" policy



# Learning Tree Web/Surveillance Camera System Policy

thus custodial/shared parenting policies apply. All access (both successful and unsuccessful attempts) are logged and monitored by the vendor, KidsVision, with regular communication to the Learning Tree.

#### Tips for Webcam Password Selection

Don't choose a password associated with you in any way. Don't choose common words or common spellings. Consider using an acronym or a mixture of letters, numbers, and characters i.e., JaFe90 or taking a common phrase like "A stitch in time saves nine" and using ASITS9.

#### Video Recordings

It is a violation of our policy for you to share your passwords with anyone. It also is violation of our policies for you to use any mechanism to store or record the video of the live web cams and this may actually constitute a crime. They are intended for live viewing only. Learning Tree attempts to record the video for purposes of teacher training/evaluation for a period of three (3 days). Your access to the live web cams does not entitle you to access to the recordings. You will never be allowed to take with you on a CD or jump drive recordings of incidents as it would violate the privacy rights of the other children within our center. However, if you would like to review with the center's administration a recording of any incident that occurred at Learning Tree, you must make a written request within 48 hours of the incident. The availability of our Digital Recordings can be affected by many factors including but not limited to power outages, computer malfunctions, hard drive failures, limited hard drive space, motion within the facility and other incidents beyond Learning Tree's control. Therefore, viewing of the recordings will be available within 48 hours of a specific incident when that recording material is available. Recording availability of an incident is not guaranteed by Learning Tree or KidsVision.

KidsVision does not store our digital recordings offsite. And, any requests for a viewing of digital recordings should be directed in writing to Learning Tree administration within 48 hours of an incident.

When receipt of a written requests to view an incident is received during normal business hours, Learning Tree employees will take immediate steps in accordance with our company's policy to preserve the video footage in connection with the requested incident. Under no circumstances and at no time will Learning Tree employees ever attempt to purposefully delete any relevant video footage.

#### Webcam Live Notice Posting

The Webcam system will be active during the primary center operational hours of 6:30 a.m. - 6:00 p.m. with extended hours at the discretion of the program staff and posted notices identifying its use.

#### Webcam Governance

Audio/video recording for any other purpose than the educational/communicative structure set forth by the Learning Tree may constitute a crime under 18USC2511.

#### Webcam Security

To protect against unauthorized access, the webcam system utilizes 256-bit encryption to protect user names and passwords



# Learning Tree Web/Surveillance Camera System Policy

I have read and received the copy of the Learning Tree Web/Surveillance Camera System Policy and understand and accept the conditions.

Name and Signature of Parent

Date

Name of Child/Children



#### AUTHORIZATON FOR VIDEO/AUDIO/PHOTO RECORDING OF CHILD IN ATTENDANCE

### WAIVER of PRIVACY RIGHTS

The Learning Tree is a child care facility that exists for the purposes of caring for and educating young children. To ensure the safety and security of all children, staff, parents, and visitors, as well as the security of our child care facility, The Learning Tree is equipped with a digital video surveillance system and security cameras are installed in all classrooms, hallways, kitchen area, outdoor play area, and parking lot and may conduct video surveillance of any portion of its premises at any time, the only exception being private areas of restrooms, changing pads (are blocked out), and dressing rooms, and that video/security cameras will be positioned in appropriate places within and around our preschool or daycare center facility and used in order to help promote the safety and security of people and property. The video is also used to stream live images of the children to parents and other authorized users of the web cam system so that authorized users may view daily activities of their child(ren) which would otherwise be missed.

In addition, Learning Tree\_parents, staff, and administration may periodically video and audio tape (via web-based cameras and other electronic devices) and/or photograph children as part of their day to day activities, parties, assessments, etc. Therefore, a video, audio, photo release for a child attending the Learning Tree is a condition of enrollment.

Please read, initial, and sign at the conclusion of the pre-admission interview or annually thereafter.

 _ I give my permission for recording video, audio, and taking	photographs of my	child for the
purposes of instruction and program support.		

- \_\_\_\_\_ I understand and give consent for the observation of my child, including the child's conversation over the internet, to those granted access as authorized users.
- If I am granted access to the web-cam system, I agree not to provide my sign-on identification (ID) or password to anyone else including other family members.
- I understand there are criminal and civil sanctions governing the unauthorized interception of oral communications and the invasion of privacy and agree to abide by those laws and the policies of Learning Tree protecting my child and the confidentiality of all children attending Learning Tree.
- I waive the rights to privacy afforded my child under federal or state law to the extent of the webcam access while my child is enrolled at the Learning Tree. I understand that other families with children in the Learning Tree may observe and hear my child through the webcam access.
- I agree not to record any images or audio signals I receive from the Learning Tree web-cam access.

I understand the policy and it has been reviewed with me by the director.

*Note:* Signed release is good for the current school year only.

Child's Name:	Date:

Custodial Parent or Guardian Signature:

Video/Audio/Photo/Press Release



# Safe Arrival and Departure

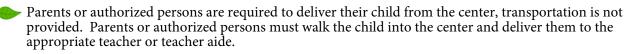
#### Rule .1003(b)

Child care programs must establish safe procedures for pick-up and delivery of children to ensure children are protected from danger and not exposed to risk of harm. This includes safe pick-up and delivery procedures for parents, as well as, safe pick-up and delivery procedures for the transportation of children to and/or from the center, to and/or from public/ private school programs, to and/or from the child's home, to and/or from off-premise activities, such as, field trips and other education outings.

Learning Tree has established the following safe arrival and departure procedures for the children in our care. All children should arrive at the center between 6:30 a.m. but no later than 9:00 a.m.(unless parents have notified the teacher and administrator). All children should be picked up by an authorized person no later than 6:00 p.m. Parents should notify the teacher and the Administrator of any late pick-ups.

Upon arrival or departure the parents or authorized person should follow these processes:

#### Arrival



Parents or authorized persons should use their center provided access control code to enter the building and not allow any other parties in without a code to ensure the safety of the center.

Parents or authorized persons should use their center provided Key Tag or pin to access the kiosk. Once the kiosk pulls up the family record the parents or authorized persons should select the appropriate function "Check-In" next to each child listed for the family that is being checked-in.

- Once the kiosk accepts this function, parents or authorized persons should walk their child to their classroom and deliver them to the teacher or teacher aide. This allows for any information exchange to happen. If the classroom is not occupied the parents or authorized persons should check the schedule to see if the class is outside and deliver the child to that area and the appropriate teacher or teacher aide. Children cannot be left unattended for any reason.

At this time the parents or authorized persons can leave the building and have officially transfered care to the center.

#### Departure

Parents or authorized persons are required to pick-up their child from the center, transportation is not provided. Parents or authorized persons must walk into the center and pick them up from the appropriate teacher or teacher aide.

Parents or authorized persons should use their center provided access control code to enter the building and not allow any other parties in without a code to ensure the safety of the center.

Parents or authorized persons should use their center provided Key Tag or pin to access the kiosk. Once the kiosk pulls up the family record the parents or authorized persons should select the appropriate function "Check-out" next to each child listed for the family that is being checked-out.

Once the kiosk accepts this function, parents or authorized persons should walk to the classroom and check-out the child from the teacher or teacher aide. This allows for any information exchange to happen. If the classroom is not occupied the parents or authorized persons should check the schedule to see if the class is outside and check the child out from the appropriate teacher or teacher aide. Children cannot be left unattended for any reason.

At this time the parents or authorized persons can leave the building with the children they have checkedout from the center as they have officially transfered care themselves. Dear Parents,



As you know, school can be hard and stressful for many of our students. This year one of our goals is to help reduce stress and anxiety in the classroom in an effort to make learning more fun and effective. One way to do this is by using essential oils in a diffuser in the classrooms and office/lobby area. Essential oils will not be applied to any child and will only be used in the diffusers.

Essential oils have been reported to positively affect mood and memory. Many also have antibacterial properties as well. Below I have listed the oils I would like to use along with their properties. These oils are certified pure therapeutic grade (CPTG) from a company called doTERRA. They have no synthetic chemicals or pesticides and are taken from organically grown plants. Please review this list and let me know if you have any questions or concerns regarding the use of these oils in our room. I would also need to know if your student has any allergies to any of the plants from which these oils are taken. Please sign below indicating that you have received this information and return it to us.

Sincerely,

Jennifer & Kevin Monroe Learning Tree, LLC. (828) 684-2791 <u>info@learningtreenc.com</u>

#### **Single Oils**

Lavender	This oil may help with anxiety, mental clarity, & nervous tension.
Eucalyptus	This oil may help clear the mind, promote relaxation, and clear breathing.
Wild Orange	This oil may help with anxiety & nervousness. It is generally uplifting.
Peppermint	This oil is sedating, calming, and relaxing – allowing it to reduce anxiety.

#### **Oil Blends**

**On-Guard**: This oil blend contains wild orange, clove bud, cinnamon bark, eucalyptus radiate, and rosemary. It helps protect the body against the onset of flu, colds, and viruses.

**Peace:** This oil blend contains vetiver root, lavender flower, ylang ylang flower, frankincense resin, clary sage flower, marjoram leaf, labdanum leaf/stalk, and spearmint herb. It promotes feelings of peace, reassurance, and contentment.

All oil information was taken from <u>Modern Essentials: A Contemporary Guide to the Therapeutic Use of Essential Oils</u> published by Abundant Health, 2017.

#### Consent for Use of Oils in the Learning Tree Facility

Student Name:	
I have read the above information and do not have any Learning Tree.	
I have read the above information and have questions	-
Tree classrooms. Please call me at	·
My student has allergies to one or more of the plants li	sted above. Please do not use the oils.
Parent Signature:	Date:
Parent Name:	